

**IMPORTANT
PRESCRIBING
INFORMATION**

June 2015

**Subject: Important Changes to the VALCYTE® (valganciclovir) Prescribing Information:
Dosing and Administration: Pediatric patients,
Adverse Events: Pediatrics**

Dear Health Care Provider:

The purpose of this letter is to inform you of important new prescribing information that has been added to the Dosage and Administration and Adverse Reactions sections of the VALCYTE prescribing information. VALCYTE is indicated in adult patients for treatment of CMV retinitis in patients with acquired immunodeficiency syndrome (AIDS) and for prevention of CMV disease in kidney, heart, or kidney-pancreas transplant patients at high risk. VALCYTE is also indicated in pediatric patients for prevention of CMV disease in kidney and in heart transplant at high risk.

These important new additions to the VALCYTE prescribing information are:

DOSAGE AND ADMINISTRATION

New and revised information in the **Recommended Dosage in Pediatric Patients** to include the extension of duration of use in pediatric kidney transplant patients from 100 to 200 days post-transplantation and lowering the age for use in pediatric heart transplant patients from 4 months to 1 month of age.

Prevention of CMV Disease in Pediatric Kidney Transplant Patients: For pediatric kidney transplant patients 4 months to 16 years of age, the recommended once daily mg dose ($7 \times \text{BSA} \times \text{CrCL}$) should start within 10 days of post-transplantation until 200 days post-transplantation.

Prevention of CMV Disease in Pediatric Heart Transplant Patients: For pediatric heart transplant patients 1 month to 16 years of age, the recommended once daily mg dose ($7 \times \text{BSA} \times \text{CrCL}$) should start within 10 days of transplantation until 100 days post transplantation.

The pediatric dosage is calculated using a modified Schwartz formula.

New information for calculation of pediatric VALCYTE dosage includes the following:

- 1) presentation of k values (used in the modified Schwartz formula) by age in Table 1;
- 2) inclusion of a k value (0.33) for pediatric heart transplant patients less than 1 year of age with low birth weight for gestational age; and
- 3) a statement that k values may need to be corrected when enzymatic methods of measuring serum creatinine are used.

It is also stated that serum creatinine levels should be monitored regularly in consideration of changes in height and body weight of pediatric patients and to adapt the dose as appropriate during treatment.

Table 1. k Values According to Pediatric Patient Age*

k value	Pediatric Patient Age
0.33	Infants less than 1 year of age with low birth weight for gestational age
0.45	Infants less than 1 year of age with birth weight appropriate for gestational age
0.45	Children aged 1 to less than 2 years of age
0.55	Boys aged 2 to less than 13 years Girls aged 2 to less than 16 years
0.7	Boys aged 13 to 16 years

*The k values provided are based on the Jaffe method of measuring serum creatinine, and may require correction when enzymatic methods are used.

ADVERSE EVENTS, identified during pediatric clinical trials with VALCYTE, and which are similar to the known safety profile observed in adults, are provided:

- the most frequently reported adverse events (greater than 10% of patients), regardless of seriousness and drug relationship in pediatric solid organ transplant patients taking VALCYTE until Day 100 post-transplant were diarrhea, pyrexia, upper respiratory tract infection, hypertension, vomiting, anemia, neutropenia, constipation, nausea and transplant rejection.
- the most frequently reported adverse event (greater than 10% of patients), in pediatric kidney transplant patients treated with valganciclovir until Day 200 post-transplant were upper respiratory tract infection, urinary tract infection, diarrhea, leukopenia, neutropenia, headache, abdominal pain, dysuria, tremor, pyrexia, hypertension, anemia, blood creatinine increase, vomiting, *E. coli* urinary tract infection and hematuria.

Prescriber Action

Please see enclosed VALCYTE detailed prescribing information and safety profile in children and adults.

Counsel patients about the risks and benefits of VALCYTE, including:

- The new dosing requirements in pediatric heart and kidney transplant patients to ensure appropriate dosing.

Reporting Adverse Events

Health care providers are encouraged to report adverse events in patients taking VALCYTE to Genentech/Roche at 1-888-835-2555. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

You may also contact our Medical Communications Department at 1-800-821-8590 if you have any questions about the information contained in this letter or the safe and effective use of VALCYTE.

This letter is not intended as a complete description of the benefits and risks related to the use of VALCYTE. Please refer to the enclosed full prescribing information and approved patient information.

For additional information, please contact Genentech Medical Communications at 1-800-821-8590 or visit www.valcyte.com.

Yours sincerely,



Myriam Mendila, MD
Senior Vice President, Head of US Medical Affairs

Enclosure(s): Valcyte Full Prescribing Information and Patient Information

HIGHLIGHTS OF PRESCRIBING INFORMATION

These highlights do not include all the information needed to use VALCYTE® safely and effectively. See full prescribing information for VALCYTE.

VALCYTE (valganciclovir hydrochloride) tablets, VALCYTE (valganciclovir hydrochloride) for oral solution
Initial U.S. Approval: 2001

WARNING: HEMATOLOGIC TOXICITY, IMPAIRMENT OF FERTILITY, FETAL TOXICITY, MUTAGENESIS AND CARCINOGENESIS See full prescribing information for complete boxed warning.
Hematologic Toxicity: Severe leukopenia, neutropenia, anemia, thrombocytopenia, pancytopenia, bone marrow aplasia and aplastic anemia have been reported in patients treated with VALCYTE (5.1).
Impairment of Fertility: Based on animal data, VALCYTE may cause temporary or permanent inhibition of spermatogenesis (5.2).
Fetal Toxicity: Based on animal data, VALCYTE has the potential to cause birth defects in humans (5.3).
Mutagenesis and Carcinogenesis: Based on animal data, VALCYTE has the potential to cause cancers in humans (5.4).

RECENT MAJOR CHANGES

Indications and Usage, Pediatric Patients (1.2) 04/2015
Dosage and Administration, Pediatric Patients (2.3) 04/2015

INDICATIONS AND USAGE

VALCYTE is a cytomegalovirus (CMV) nucleoside analogue DNA polymerase inhibitor indicated for:

- Adult Patients (1.1)
- Treatment of CMV retinitis in patients with acquired immunodeficiency syndrome (AIDS).
- Prevention of CMV disease in kidney, heart, and kidney-pancreas transplant patients at high risk.
- Pediatric Patients (1.2)
- Prevention of CMV disease in kidney and heart transplant patients at high risk.

DOSAGE AND ADMINISTRATION

Adult Dosage (2.2)	
Treatment of CMV retinitis	Induction: 900 mg (two 450 mg tablets) twice a day for 21 days Maintenance: 900 mg (two 450 mg tablets) once a day
Prevention of CMV disease in heart or kidney-pancreas transplant recipients	900 mg (two 450 mg tablets) once a day within 10 days of transplantation until 100 days post-transplantation
Prevention of CMV disease in kidney transplant patients	900 mg (two 450 mg tablets) once a day within 10 days of transplantation until 200 days post-transplantation

Pediatric Dosage (2.3)	
Prevention of CMV disease in kidney transplant patients 4 months to 16 years of age	Dose once a day within 10 days of transplantation kidney transplant patients 4 months to 16 years of age according to dosage algorithm (note the calculation of creatinine clearance using a modified Schwartz formula in children)
Prevention of CMV disease in heart transplant patients 1 month to 16 years of age	Dose once a day within 10 days of transplantation until 100 days post-transplantation according to dosage algorithm (note the calculation of creatinine clearance using a modified Schwartz formula in children)

Pediatric Dosage (2.3)	
Prevention of CMV disease in kidney transplant patients 4 months to 16 years of age	Dose once a day within 10 days of transplantation kidney transplant patients 4 months to 16 years of age according to dosage algorithm (note the calculation of creatinine clearance using a modified Schwartz formula in children)
Prevention of CMV disease in heart transplant patients 1 month to 16 years of age	Dose once a day within 10 days of transplantation until 100 days post-transplantation according to dosage algorithm (note the calculation of creatinine clearance using a modified Schwartz formula in children)

- Tablets: 450 mg (3)
- Oral Solution: 50 mg per mL (3)

CONTRAINDICATIONS

Hypersensitivity to valganciclovir or ganciclovir (4)

WARNINGS AND PRECAUTIONS

- Hematologic toxicity:** Severe leukopenia, neutropenia, anemia, thrombocytopenia, pancytopenia, bone marrow depression, and aplastic anemia have occurred with the use of VALCYTE or ganciclovir. Avoid VALCYTE use if absolute neutrophil count is less than 500 cells/ μ L, platelet count is less than 25,000/ μ L, or hemoglobin is less than 8 g/dL. Use with caution in pre-existing cytopenias and when receiving myelosuppressive drugs or irradiation. Monitor with frequent testing of platelet and complete blood counts (5.1).
- Impairment of fertility:** Based on animal studies, VALCYTE may cause temporary or permanent inhibition of spermatogenesis (5.2).
- Fetal toxicity:** Based on animal studies, VALCYTE may cause fetal harm. Females of reproductive potential should use effective contraception during and following treatment and males should practice barrier contraception during and following treatment (5.3).
- Mutagenicity and carcinogenicity:** Based on animal studies, VALCYTE is potentially mutagenic and carcinogenic (5.4).
- Acute renal failure:** Acute renal failure may occur in elderly patients (with or without reduced renal function), patients who receive concomitant nephrotoxic drugs, or inadequately hydrated patients. Use with caution in elderly patients, those taking nephrotoxic drugs, reduce dosage in patients with renal impairment, and monitor renal function (2.5, 5.5, 8.5, 8.6, 12.3).

ADVERSE REACTIONS

- Adult patients: Most common adverse events and laboratory abnormalities (reported in at least one indication by greater than or equal to 20% of patients) are diarrhea, pyrexia, nausea, tremor, neutropenia, anemia, graft rejection, thrombocytopenia, and vomiting (6.1).
- Pediatric patients: Most common adverse events and laboratory abnormalities (reported in greater than or equal to 20% of pediatric solid organ transplant recipients) are diarrhea, pyrexia, hypertension, upper respiratory tract infection, urinary tract infection, vomiting, neutropenia, leukopenia, and headache (6.1).

ADVERSE REACTIONS

Adult patients: Most common adverse events and laboratory abnormalities (reported in at least one indication by greater than or equal to 20% of patients) are diarrhea, pyrexia, nausea, tremor, neutropenia, anemia, graft rejection, thrombocytopenia, and vomiting (6.1).

Pediatric patients: Most common adverse events and laboratory abnormalities (reported in greater than or equal to 20% of pediatric solid organ transplant recipients) are diarrhea, pyrexia, hypertension, upper respiratory tract infection, urinary tract infection, vomiting, neutropenia, leukopenia, and headache (6.1).

ADVERSE REACTIONS

- Diarrhea: Potential to cause neutropenia and anemia. Monitor with frequent tests of white blood cell counts with differential and hemoglobin levels (7).
- Probenecid: May increase ganciclovir levels. Monitor for evidence of ganciclovir toxicity (7).
- Mycophenolate mofetil (MMF): May increase ganciclovir concentrations and levels of MMF metabolites in patients with renal impairment. Monitor for ganciclovir and MMF toxicity (7).
- Didanosine: May increase didanosine concentrations. Monitor for didanosine toxicity (7).

ADVERSE REACTIONS

- Lactation: Breastfeeding is not recommended with use of VALCYTE (8.2).

See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling
Revised: 04/2015

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2 DOSAGE AND ADMINISTRATION

2.1 General Dosing Information

- Adult patients should use VALCYTE tablets, not VALCYTE for oral solution.

- VALCYTE for oral solution and tablets should be taken with food [see *Clinical Pharmacology* (12.3)].

- VALCYTE for oral solution (50 mg/mL) must be prepared by the pharmacist prior to dispensing to the patient [see *Dosage and Administration* (2.4)].

2.2 Recommended Dosage in Adult Patients with Normal Renal Function

For dosage recommendations in adult patients with renal impairment [see *Dosage and Administration* (2.5)].

Treatment of CMV Retinitis:

- Induction: The recommended dosage is 900 mg (two 450 mg tablets) taken orally twice a day for 21 days.

- Maintenance: Following induction treatment, or in adult patients with inactive CMV retinitis, the recommended dosage is 900 mg (two 450 mg tablets) taken orally once a day.

Prevention of CMV Disease:

- For adult patients who have received a heart or kidney-pancreas transplant, the recommended dosage is 900 mg (two 450 mg tablets) taken orally once a day starting within 10 days of transplantation until 100 days post-transplantation.

- For adult patients who have received a kidney transplant, the recommended dosage is 900 mg (two 450 mg tablets) taken orally once a day starting within 10 days of transplantation until 200 days post-transplantation.

2.3 Recommended Dosage in Pediatric Patients

Prevention of CMV Disease in Pediatric Kidney Transplant Patients: For pediatric kidney transplant patients 4 months to 16 years of age, the recommended once daily mg dose (7x BSA x CrCl) should start within 10 days of post-transplantation until 200 days post-transplantation.

Prevention of CMV Disease in Pediatric Heart Transplant Patients: For pediatric heart transplant patients 1 month to 16 years of age, the recommended once daily mg dose (7x BSA x CrCl) should start within 10 days of transplantation until 100 days post-transplantation.

Prevention of CMV Disease in Pediatric Liver Transplant Patients: For pediatric liver transplant patients less than 4 months of age, in heart transplant patients less than 1 month of age, in pediatric AIDS patients with CMV retinitis, and in infants with congenital CMV infection.

A pharmacokinetic and pharmacodynamic evaluation of VALCYTE for oral solution was performed in 24 neonates with congenital CMV infection involving the central nervous system. All patients were treated for 6 weeks with a combination of intravenous ganciclovir 6 mg per kg twice daily and VALCYTE for oral solution at doses ranging from 14 mg per kg to 20 mg per kg twice daily. The pharmacokinetic results showed that in infants treated greater than 7 days to 3 months of age, a dose of 16 mg per kg twice daily of VALCYTE for oral solution provided ganciclovir systemic exposures (mean AUC_{0-12h} = 23.6 [range 16.8 – 35.5] mg•h/mL, n = 6) comparable to those obtained in infants up to 3 months of age from a 6 mg per kg dose of intravenous ganciclovir twice daily (AUC_{0-12h} = 25.3 [range 2.4 – 68.1] mg•h/mL, n = 19) or to the ganciclovir systemic exposures obtained in adults from a 900 mg dose of VALCYTE tablets twice daily. However, the efficacy and safety of intravenous ganciclovir and of VALCYTE for oral solution have not been established for treatment of congenital CMV infection in infants and no similar disease occurs in adults; therefore, efficacy cannot be extrapolated from intravenous ganciclovir use in adults.

8.5 Geriatric Use
Studies of VALCYTE for oral solution or tablets have not been conducted in adults older than 65 years of age. Clinical studies of VALCYTE did not include sufficient numbers of subjects aged 65 and over to determine whether they respond differently from younger subjects. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy. VALCYTE is known to be substantially excreted

Parameter	Ganciclovir Capsules	VALCYTE Tablets
Dosage	1000 mg three times daily with food Mean ± SD	900 mg once daily with food Mean ± SD
Heart Transplant Recipients AUC _{0-24h} (µg·h/mL) C _{max} (µg/mL) Elimination half-life (hr)	N=13 26.6 ± 11.6 1.4 ± 0.5 8.47 ± 2.94	N=17 40.2 ± 11.8 4.9 ± 1.1 6.59 ± 1.50
Liver Transplant Recipients AUC _{0-24h} (µg·h/mL) C _{max} (µg/mL) Elimination half-life (hr)	N=33 24.9 ± 10.2 1.3 ± 0.4 7.68 ± 2.74	N=76 46.7 ± 16.1 5.4 ± 1.5 6.18 ± 1.42
Kidney Transplant Recipients* AUC _{0-24h} (µg·h/mL) C _{max} (µg/mL) Elimination half-life (hr)	N=36 31.3 ± 10.3 1.5 ± 0.5 9.44 ± 4.37	N=68 48.2 ± 14.6 5.3 ± 1.5 6.77 ± 1.25

* Includes kidney-pancreas
The pharmacokinetic parameters of ganciclovir following 200 days of VALCYTE administration in high-risk kidney transplant patients were similar to those previously reported in solid organ transplant patients who received VALCYTE for 100 days.

In a pharmacokinetic study in liver transplant patients, the ganciclovir AUC_{0-24h} achieved with 900 mg valganciclovir was 41.7 ± 9.9 mcg·h/mL (n=28) and the AUC_{0-24h} achieved with the approved dosage of 5 mg per kg intravenous ganciclovir was 48.2 ± 17.3 mcg·h/mL (n=27).

Absorption: Valganciclovir, a prodrug of ganciclovir, is well absorbed from the gastrointestinal tract and rapidly metabolized in the intestinal wall and liver to ganciclovir. The absolute bioavailability of ganciclovir from VALCYTE tablets following administration with food was approximately 60% (3 subjects; n=18, mean=18, range=11-28). Ganciclovir median C_{max} following administration of 450 mg to 2525 mg VALCYTE tablets ranged from 1 to 3 hours. Dose proportionality with respect to ganciclovir AUC following administration of VALCYTE tablets was demonstrated only under fed conditions. Systemic exposure to the prodrug, valganciclovir, is transient and low, and the AUC₀₋₂₄ and C_{max} values are approximately 1% and 3% of those of ganciclovir, respectively.

Food Effects: When VALCYTE tablets were administered with a high fat meal containing approximately 600 total calories (21.1 g fat, 51.6 g carbohydrates and 22 g protein), at a dose of 875 mg once daily to 16 HIV-positive subjects, the steady-state ganciclovir AUC increased by 30% (95% CI 12% to 51%), and the C_{max} increased by 14% (95% CI -5% to 36%), without any prolongation in time to peak plasma concentrations (T_{max}). VALCYTE should be administered with food [see *Dosage and Administration* (2.1)].

Distribution: Due to the rapid conversion of valganciclovir to ganciclovir, plasma protein binding of valganciclovir was not determined. Plasma protein binding of ganciclovir is 1% to 2% over concentrations of 0.1 to 100 µg/mL. When ganciclovir was administered intravenously, the steady-state volume of distribution of ganciclovir was 0.703 ± 0.134 L/kg (n=69).

After administration of VALCYTE tablets, no correlation was observed between ganciclovir AUC and reciprocal weight; oral dosing of VALCYTE tablets according to weight is not required.

Metabolism: Valganciclovir is rapidly hydrolyzed to ganciclovir; no other metabolites have been detected. No metabolite of orally administered radiolabeled ganciclovir (1000 mg single dose) accounted for more than 1% to 2% of the radioactivity recovered in the feces or urine.

Elimination: The major route of elimination of valganciclovir is by renal excretion as ganciclovir through glomerular filtration and active tubular secretion. Systemic clearance of intravenously administered ganciclovir was 3.07 ± 0.64 mL/min/kg (n=68) while renal clearance was 2.99 ± 0.67 mL/min/kg (n=16).

The terminal half-life (t_{1/2}) of ganciclovir following oral administration of VALCYTE tablets to either healthy or HIV-positive (CD4-positive) subjects was 4.08 ± 0.76 hours (n=73), and that following administration of intravenous ganciclovir was 3.81 ± 0.71 hours (n=59). In heart, kidney, kidney-pancreas, and liver transplant patients, the terminal elimination half-life of ganciclovir following oral administration of VALCYTE was 6.48 ± 1.38 hours, and following oral administration of ganciclovir capsules was 8.56 ± 3.62 hours.

Specific Populations:
Renal Impairment: The pharmacokinetics of ganciclovir from a single oral dose of 900 mg VALCYTE tablets were evaluated in 24 otherwise healthy individuals with renal impairment.

Estimated Creatinine Clearance (mL/min)	N	Apparent Clearance (mL/min) Mean ± SD	AUC _{0-24h} (µg·h/mL) Mean ± SD	Half-life (hours) Mean ± SD
51-70	6	249 ± 99	49.5 ± 22.4	4.85 ± 1.4
21-50	6	136 ± 64	91.9 ± 43.9	10.2 ± 4.4
11-20	6	45 ± 11	223 ± 46	21.8 ± 5.2
≤10	6	12.8 ± 8	366 ± 66	67.5 ± 34

Decreased renal function results in decreased clearance of ganciclovir from valganciclovir, and a corresponding increase in terminal half-life. Therefore, dosage adjustment is required for patients with impaired renal function.

Hemodialysis reduces plasma concentrations of ganciclovir by about 50% following VALCYTE administration. Adult patients receiving hemodialysis (CrCl less than 10 mL/min) cannot use VALCYTE tablets because the daily dose of VALCYTE tablets required for these patients is less than 450 mg [see *Dosage and Administration* (2.5) and *Use in Specific Populations* (8.6)].

Pharmacokinetics in Pediatric Patients: The pharmacokinetics of ganciclovir were evaluated following the administration of valganciclovir in 63 pediatric solid organ transplant patients aged 4 months to 16 years, and in 16 pediatric heart transplant patients less than 4 months of age. In these studies, patients received oral doses of valganciclovir (either VALCYTE for oral solution or tablets) to produce exposure equivalent to an adult 900 mg dose [see *Dosage and Administration* (2.3), *Adverse Reactions* (6.1), *Use in Specific Populations* (8.4), *Clinical Studies* (14.2)].

The pharmacokinetics of ganciclovir were similar across organ types and age ranges. Based on a population pharmacokinetic evaluation, clearance is influenced by both body weight and renal function, while the central and peripheral volumes of distribution were influenced by weight [see *Dosage and Administration* (2.5)]. The mean total clearance was 5.3 L/hr (8.3 mL/min) for a patient with a creatinine clearance of 70.4 mL/min. The mean ganciclovir C_{max}, AUC and half-life by age and organ type in studies using the pediatric valganciclovir dosing algorithm are listed in **Table 13**. Relative to adult transplant patients (**Table 11**), AUC values in pediatric patients were somewhat increased, but were within the range considered safe and effective in adults.

Organ	PK Parameter	Age Group			
		< 4 months mean (SD)	< 4 months ≤ 2 years	> 2 to < 12 years	≥ 12 years
Heart (N=26)	AUC _{0-24h} (µg·h/mL)	66.3 (20.5) [†]	55.4 (22.8)	59.6 (21.0)	60.6 (25.0)
	C _{max} (µg/mL)	10.5 (3.30)	8.2 (2.5)	12.5 (1.2)	9.5 (3.3)
	t _{1/2} (h)	3.8 (0.87)	3.8 (1.7)	2.8 (0.9)	4.9 (0.8)
	N	2	10 [‡]	19	19
	AUC _{0-24h} (µg·h/mL)	67.6 (13.0)	55.9 (12.1)	47.8 (12.4)	
Kidney (N=31)	C _{max} (µg/mL)	NA	10.4 (0.4)	8.7 (2.1)	7.7 (2.1)
	t _{1/2} (h)	NA	4.5 (1.5)	4.8 (1.0)	6.0 (1.3)
	N	9	6	2	
Liver (N=17)	AUC _{0-24h} (µg·h/mL)	69.9 (37.0)	59.4 (8.1)	35.4 (2.8)	
	C _{max} (µg/mL)	NA	11.9 (3.7)	9.5 (2.3)	5.5 (1.1)
	t _{1/2} (h)	NA	2.8 (1.5)	3.8 (0.7)	4.4 (0.2)

N=number of patients
[†]Pharmacokinetic parameters were estimated by using population pharmacokinetic modeling.
[‡]14 heart transplant patients 26 to 124 days of age were included in the population pharmacokinetic model development.
[§]19 observations, some patients contributed more than one value.
[¶]There was one subject in this age group who received both a kidney and liver transplant. The pharmacokinetic profile for this subject has not been included in this table as it is not possible to determine whether the effects observed are from the kidney/liver transplant or neither.
^{**}The pharmacokinetic profiles for two subjects in this age group who received kidney transplants have not been included in this table as the data were determined to be non-evaluable.

Pharmacokinetics in Geriatric Patients: The pharmacokinetic characteristics of VALCYTE in elderly patients have not been established. Because elderly individuals frequently have a reduced glomerular filtration rate, renal function should be assessed before and during administration of VALCYTE [see *Dosage and Administration* (2.5), *Use in Specific Populations* (8.5)].

Drug Interactions: In vivo drug-drug interaction studies were not conducted with valganciclovir. However, because valganciclovir is rapidly and extensively converted to ganciclovir, interactions associated with ganciclovir will be expected for VALCYTE [see *Drug Interactions* (7)].

Drug-drug interaction studies were conducted in patients with normal renal function. Patients with impaired renal function may have increased concentrations of ganciclovir and the coadministered drug following concomitant administration of VALCYTE and drugs excreted by the same pathway as ganciclovir. Therefore, these patients should be closely monitored for toxicity of ganciclovir and the coadministered drug.

Table 14 and **Table 15** provide a listing of established drug interaction studies with ganciclovir. **Table 14** provides the effects of coadministered drug on ganciclovir plasma pharmacokinetic parameters, whereas **Table 15** provides the effects of ganciclovir on plasma pharmacokinetic parameters of coadministered drug.

Coadministered Drug	Ganciclovir Dosage	N	Ganciclovir Pharmacokinetic (PK) Parameter
Zidovudine 100 mg every 4 hours	1000 mg every 8 hours	12	AUC ↑ 17 ± 25% (range: -52% to 23%)
Probenecid 500 mg every 6 hours	1000 mg every 8 hours	10	AUC ↑ 53 ± 91% (range: -14% to 299%) Ganciclovir renal clearance ↓ 22 ± 20% (range: -54% to -4%)
Mycophenolate Mofetil (MMF) 1.5 g single dose	IV ganciclovir 5 mg/kg single dose	12	No effect on ganciclovir PK parameters observed (patients with normal renal function)
Didanosine 200 mg every 12 hours administered 2 hours before ganciclovir	1000 mg every 8 hours	12	AUC ↓ 21 ± 17% (range: -44% to 5%)
Didanosine 200 mg every 12 hours simultaneously administered with ganciclovir	1000 mg every 8 hours	12	No effect on ganciclovir PK parameters observed
	IV ganciclovir 5 mg/kg twice daily	11	No effect on ganciclovir PK parameters observed
	IV ganciclovir 5 mg/kg once daily	11	No effect on ganciclovir PK parameters observed
Trimethoprim 200 mg once daily	1000 mg every 8 hours	12	Ganciclovir renal clearance ↓ 16.3% Half-life 115%

Table 15 Results of Drug Interaction Studies with Ganciclovir: Effects of Ganciclovir on Pharmacokinetic Parameters of Coadministered Drug

Coadministered Drug	Ganciclovir Dosage	N	Coadministered Drug Pharmacokinetic (PK) Parameter
Zidovudine 100 mg every 4 hours	1000 mg every 8 hours	12	AUC ₀₋₄ ↑ 19 ± 27% (range: -11% to 74%)
Mycophenolate Mofetil (MMF) 1.5 g single dose	IV ganciclovir 5 mg/kg single dose	12	No PK interaction observed (patients with normal renal function)
Didanosine 200 mg every 12 hours when administered 2 hours prior to or concurrent with ganciclovir	1000 mg every 8 hours	12	AUC ₀₋₁₂ 1111 ± 114% (range: 10% to 49%)
Didanosine 200 mg every 12 hours	IV ganciclovir 5 mg/kg twice daily	11	AUC ₀₋₁₂ 170 ± 40% (range: 3% to 121%) C _{max} 149 ± 48% (range: -28% to 125%)
Didanosine 200 mg every 12 hours	IV ganciclovir 5 mg/kg once daily	11	AUC ₀₋₁₂ 150 ± 26% (range: 22% to 110%) C _{max} 136 ± 36% (range: -27% to 94%)
Trimethoprim 200 mg every 8 hours	1000 mg every 8 hours	12	Increase (12%) in C _{min}

Other potential drug interactions
Since ganciclovir is excreted through the kidney via glomerular filtration and active secretion [see *Pharmacokinetics* (12.3)], coadministration of valganciclovir and antiretroviral drugs that share the tubular secretion pathway, such as nucleos(t)ide reverse transcriptase inhibitors, may change the plasma concentrations of valganciclovir and/or the coadministered drug.

12.4 Microbiology
Mechanism of Action: Valganciclovir is an L-valyl ester (prodrug) of ganciclovir that exists as a mixture of two diastereomers. After oral administration, both diastereomers are rapidly converted to ganciclovir by intestinal and hepatic esterases. Ganciclovir is a synthetic analogue of 2'-deoxyguanosine, which inhibits replication of human CMV in cell culture and in vivo.

In CMV-infected cells ganciclovir is initially phosphorylated to ganciclovir monophosphate by the viral protein kinase, pUL97. Further phosphorylation occurs by cellular kinases to produce ganciclovir triphosphate, which is then slowly metabolized intracellularly (half-life 18 hours). As the phosphorylation is largely dependent on the viral kinase, phosphorylation of ganciclovir occurs preferentially in virus-infected cells. The virustatic activity of ganciclovir is due to inhibition of the viral DNA polymerase, pUL54, synthesized by ganciclovir triphosphate.

Antiviral Activity: The quantitative relationship between the cell culture susceptibility of human herpes viruses to antivirals and clinical response to antiviral therapy has not been established, and virus sensitivity testing has not been standardized. Sensitivity test results, expressed as the concentration of drug required to inhibit the growth of virus in cell culture by 50% (EC₅₀), vary greatly depending upon a number of factors including the assay used. Thus, the reported EC₅₀ values of ganciclovir that inhibit human CMV replication in cell culture (laboratory and clinical isolates) have ranged from 0.08 to 22.94 µM (0.02 to 5.75 mcg/mL). The distribution and range in susceptibility observed in one assay evaluating 130 clinical isolates was 0 to 1 µM (35%), 1.1 to 2 µM (20%), 2.1 to 3 µM (27%), 3.1 to 4 µM (13%), 4.1 to 5 µM (5%), less than 5 µM (less than 1%). Ganciclovir inhibits mammalian cell proliferation (IC₅₀) in cell culture at higher concentrations ranging from 40 to greater than 1,000 µM (10 to greater than 100 mcg/mL). Some narrow-derived colony-forming cells are more sensitive (CC₅₀ value = 2.7 to 12 µM (0.69 to 3.06 mcg/mL)).

Resistance:
Cell Culture: CMV isolates with reduced susceptibility to ganciclovir have been selected in cell culture. Growth of CMV strains in the presence of ganciclovir resulted in the selection of amino acid substitutions in the viral protein kinase pUL97 (M460V, L595S, G598D, and K599T) and the viral DNA polymerase pUL54 (D301N, N410K, F412V, P488R, L516R, C539R, L545S, F565I, V812L, P829S, L826E, D879G, and V946L).
In vivo: Viruses resistant to ganciclovir can arise after prolonged treatment or prophylaxis with valganciclovir by selection of substitutions in pUL97 and/or pUL54. Limited clinical data are available on the development of clinical resistance to ganciclovir and many pathways to resistance likely exist. In clinical isolates, seven canonical pUL97 substitutions, (M460V/I, H520Q, C592G, A594V, L595S, G603W) are the most frequently reported ganciclovir resistance-associated substitutions. These and other substitutions less frequently reported in the literature, or observed in clinical trials, are listed in **Table 16**.

pUL97	L405P, A440V, M460I/V, V466S/M, C518I, H520Q, del 590-593, A591D/V, C592G, A594E/G/T/V, L595S/F/T/W, del 595, del 595-603, E596D/G, K599E/M, del 600-601, del 597-600, del 601-603, C603Q/R/S/Y, C607F/S/Y, A613V
pUL54	E315D, N408D/K/S, F412C/L/S, D413A/E, L501F/I, T503I, K513E/N/R, L521I, P522A/L/S, L545S/W, O578H/L, D588E/N, G629S, S695T, I726T/V, E756K, V781I, V787L, L802M, A809Y, T813S, T821I, A834P, G841A, D879G, A927V, del 981-982, A987G

Note: Many additional pathways to ganciclovir resistance likely exist

The presence of known ganciclovir resistance-associated amino acid substitutions was evaluated in a study that extended valganciclovir CMV prophylaxis from 100 days to 200 days post-transplant in adult kidney transplant patients at high risk for CMV disease (D+R-). [see *Clinical Studies* (14.1)]. Five subjects in the valganciclovir group and four subjects from the 200 day group meeting the resistance analysis criteria had known ganciclovir resistance-associated amino acid substitutions detected. In six subjects, the following resistance-associated amino acid substitutions were detected within pUL97: 100 day group: A440V, M460V, C592G, 200 day group: M460V, G603W. In three subjects, the following resistance-associated amino acid substitutions were detected within pUL54: 100 day group: E315D, 200 day group: E315D, P522S. Overall, the detection of known ganciclovir resistance-associated amino acid substitutions was observed more frequently in patients during prophylaxis therapy than after the completion of prophylaxis therapy (during therapy: 5/12 (42%) versus after therapy: 4/58 (7%)). The possibility of viral resistance should be considered in patients who show poor clinical response or experience persistent viral excretion during therapy.

Cross-Resistance: Cross-resistance has been reported for amino acid substitutions selected in cell culture by ganciclovir, cidovofir or foscarnet. In general, amino acid substitutions in pUL54 conferring cross-resistance to ganciclovir and cidovofir are located within the exonuclease domains and region V. Whereas, amino acid substitutions conferring cross-resistance to foscarnet are diverse, but concentrate at and between regions II (codon 696-742) and III (codon 805-845). The amino acid substitutions that resulted in reduced susceptibility to ganciclovir and either cidovofir and/or foscarnet are summarized in **Table 17**.

Substitutions at amino acid positions pUL97 340-400 have been found to confer resistance to ganciclovir. Resistance data based on assays that do not include this region should be interpreted cautiously.

Cross-resistant to	D301N, N408D/K, N410K, F412C/L/S, D413E, L501I, T503I, K513E/N, L516R, L521I, P522S/A/L/S, L545S/W, O578H, D588E, I726T/V, E756K, V781I, V787L, T813S, A834P, G841A, del 981-982, A987G
Cross-resistant to cidovofir	F412C, O578H/L, D588E, E756K, V781I, V787L, L802M, A809V, V812L, T813S, T821I, A834P, G841A, del 981-982

13 NONCLINICAL TOXICOLOGY
13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility
Long-term carcinogenicity studies have not been conducted with VALCYTE. However, upon oral administration, valganciclovir is rapidly and extensively converted to ganciclovir. Therefore, like ganciclovir, valganciclovir is a potential carcinogen.
Ganciclovir was carcinogenic in the mouse at oral doses that produced exposures approximately 0.1x and 1.4x, respectively, the mean drug exposure in humans following the recommended intravenous dose of 5 mg/kg, based on area under the plasma concentration curve (AUC) comparisons. At the higher dose there was a significant increase in the incidence of tumors of the preputial gland in males, forestomach (nonglandular mucosa) in males and females, and reproductive tissues (ovaries, uterus, mammary gland, clitoral gland and vagina) and liver in females. At the lower dose, a slightly increased incidence of tumors was noted in the preputial and harden glands in males, forestomach in males and females, and liver in females. Ganciclovir should be considered a potential carcinogen in humans.
Valganciclovir increases mutations in mouse lymphoma cells. In the mouse micronucleus assay, valganciclovir was clastogenic. Valganciclovir was not mutagenic in the Ames Salmonella assay. Ganciclovir increased mutations in mouse lymphoma cells and DNA damage in human lymphocytes in vitro. In the mouse micronucleus assay, ganciclovir was clastogenic. Ganciclovir was not mutagenic in the Ames Salmonella assay.

Valganciclovir is converted to ganciclovir and therefore is expected to have similar reproductive toxicity effects as ganciclovir [see *Warnings and Precautions* (5.2)]. Ganciclovir caused decreased mating behavior, decreased fertility, and an increased incidence of embryolethality in female mice following intravenous doses that produced an exposure approximately 1.7x the mean drug exposure in humans following the dose of 5 mg per kg, based on AUC comparisons. Ganciclovir caused decreased fertility in male mice and hypospERMAtogenesis in mice and dogs following daily oral or intravenous administration. Systemic drug exposure (AUC) at the lowest dose showing toxicity in each species ranged from 0.03 to 0.1x the AUC of the recommended human intravenous dose. Valganciclovir caused similar effects on spermatogenesis in mice, rats, and dogs. These effects were reversible at lower doses but irreversible at higher doses. It is considered likely that ganciclovir (and valganciclovir) could cause temporary or permanent inhibition of human spermatogenesis.
14 CLINICAL STUDIES
14.1 Adult Patients
Induction Therapy of CMV Retinitis: In one randomized open-label controlled study, 160 patients with AIDS and newly diagnosed CMV retinitis were randomized to receive treatment with either VALCYTE tablets (900 mg twice daily for 21 days, then 900 mg once daily for 7 days) or with intravenous ganciclovir solution (5 mg per kg twice daily for 21 days, then 5 mg per kg once daily for 7 days). Study participants were: male (91%), White (53%), Hispanic (31%), and Black (11%). The median age was 39 years, the median baseline HIV-1 RNA was 4.9 log₁₀, and the median CD4 cell count was 233 cells/mm³. A determination of CMV retinitis progression by the masked review of retinal photographs taken at baseline and Week 4 was the primary outcome measurement of the 3-week induction therapy. **Table 18** provides the outcomes at 4 weeks.

Determination of CMV retinitis progression at Week 4	Intravenous Ganciclovir		VALCYTE Tablets	
	N=80	N=80	N=80	N=80
Progressor	7	7		
Non-progressor	63	64		
Death	2	1		
Discontinuations due to Adverse Events	1	2		
Failed to return	1	1		
CMV not confirmed at baseline or no interpretable baseline photos	6	5		

Maintenance Therapy of CMV Retinitis: No comparative clinical data are available on the efficacy of VALCYTE tablets for the maintenance therapy of CMV retinitis because all patients in the CMV retinitis study received open-label VALCYTE tablets after Week 4. However, the AUC for ganciclovir is similar following administration of 900 mg VALCYTE tablets once daily and 5 mg per kg intravenous ganciclovir once daily. Although the ganciclovir C_{max} is lower following VALCYTE tablets administration compared to intravenous ganciclovir, it is higher than the C_{max} obtained following oral ganciclovir administration [see *Figure 1 in Clinical Pharmacology* (12.3)]. Therefore, use of VALCYTE tablets as maintenance therapy is supported by a plasma concentration-time profile similar to that of two approved products for maintenance therapy of CMV retinitis.

Prevention of CMV Disease in Heart, Kidney, Kidney-Pancreas, or Liver Transplantation: A double blind, double-dummy active comparator study was conducted in 372 heart, liver, kidney, or kidney-pancreas transplant patients at high risk for CMV disease (D+R-). Patients were randomized (2 VALCYTE: 1 oral ganciclovir) to receive either VALCYTE tablets (900 mg once daily) or oral ganciclovir (1000 mg three times a day) starting within 10 days of transplantation until Day 100 post-transplant. The proportion of patients who developed CMV disease, including CMV syndrome and/or tissue-invasive disease during the first 6 months post-transplant was similar between the VALCYTE tablets arm (12.1%, N=239) and the oral ganciclovir arm (15.2%, N=125). However, in liver transplant patients, the incidence of tissue-invasive CMV disease was significantly higher in the VALCYTE group compared with the ganciclovir group. These results are summarized in **Table 19**.

Mortality at six months was 3.7% (9/244) in the VALCYTE group and 1.6% (2/126) in the oral ganciclovir group.

Table 19 Percentage of Patients with CMV Disease, Tissue-Invasive CMV Disease or CMV Syndrome by Organ Type: Endpoint Committee, 6 Month ITI Population

Organ	CMV Disease ¹		Tissue-Invasive CMV Disease		CMV Syndrome ²	
	VGCV (N=239)	GCV (N=125)	VGCV (N=239)	GCV (N=125)	VGCV (N=239)	GCV (N=125)
Liver (n=177)	19% (22/118)	12% (7/59)	14% (16/118)	3% (2/59)	5% (6/118)	5% (6/59)
Kidney (n=120)	6% (5/81)	23% (9/39)	1% (1/81)	2% (2/39)	5% (4/81)	18% (7/39)
Heart (n=56)	2% (2/35)	10% (2/21)	0% (0/35)	5% (1/21)	6% (2/35)	5% (1/21)
Kidney / Pancreas (n=11)	0% (0/5)	17% (1/6)	0% (0/5)	17% (1/6)	0% (0/5)	0% (0/6)

GCV = oral ganciclovir; VGCV = valganciclovir
¹Number of patients with CMV disease = Number of patients with tissue-invasive CMV disease or CMV Syndrome
²CMV syndrome was defined as evidence of CMV viremia accompanied with fever greater than or equal to 38°C on two or more occasions separated by at least 24 hours within a 7-day period and one or more of the following: malaise, leukopenia, atypical lymphocytosis, thrombocytopenia, and elevation of hepatic transaminases

Prevention of CMV Disease in Kidney Transplantation: A double-blind, placebo-controlled study was conducted in 326 kidney transplant patients at high risk for CMV disease (D+R-) to assess the efficacy and safety of extending VALCYTE CMV prophylaxis from 100 to 200 days post-transplant. Patients were randomized (1:1) to receive VALCYTE tablets (900 mg once daily) within 10 days of transplantation either until Day 200